

# Community Connect



August Issue / 2022

## MESSAGE FROM THE CEO

Welcome to the August 2022 issue of MHS Community Connect.

In June I was honoured to be appointed to the Chief Executive role having served as Interim CEO for the previous six months.

This year MHS has made significant changes to our strategic and service plans and are currently working toward achieving our 6 pillars strategy. Both of our Strategy and Service Plans are available on our website [www.moynhealth.vic.gov.au/resources](http://www.moynhealth.vic.gov.au/resources).

We are currently undergoing the scheduled Aged Care Quality and Safety Commission (ACQSC) re-accreditation process with an audit expected at any time in the next seven months. Accreditation is also due in September for the National Safety & Quality Health Service Standards (NSQHS).

Another significant announcement we have made is the commitment of the Board of Directors to remain as the Committee of Management of the Spring Park site. Having made the difficult decision to demolish the building for safety reasons, MHS is now engaging a consultant to develop a masterplan for the site. Our full suite of services continue to be delivered to the Koroit community through the 2 premises we operate in Commercial Road Koroit.

As part of the masterplan process, MHS will undertake robust community consultation.



Students at a local school enjoy wellbeing activities with our Community Health Nurse Elissa

We encourage everyone to participate in the consultation process to assist MHS to ensure that we continue to deliver the Best Care - Every Person, Every time.

We also hold "listening posts" each month in both Port Fairy and Koroit, where community members can come and ask questions or provide any feedback. We advertise these dates on our facebook page [www.facebook.com/moynhealthservices](http://www.facebook.com/moynhealthservices)

Alternatively fill out the feedback section on our website [www.moynhealth.vic.gov.au/contact/](http://www.moynhealth.vic.gov.au/contact/) or call 5568 0100 to ask for a "Have Your Say" form.

If you need any assistance, please reach out to us. If we can't help we will find out who can.

### Katharina Redford

Chief Executive Officer

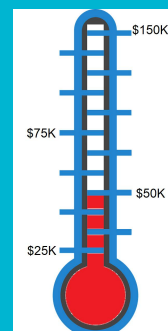


## Highlights for May to July

Residents at MHS have been keeping busy participating in various activities since May. Including

- International Chocolate Day
- Bastille Day
- Queen's Platinum Jubilee
- Chocolate Ice-cream Day
- Visit from baby lambs
- Trip to Tower Hill
- Outing to Koroit - including coffee at the new IGA
- NAIDOC Week
- National Sorry Day; and
- Biggest Morning Tea

## 2022 Fundraising Campaign to upgrade dining rooms



This year MHS is aiming to raise \$150K to upgrade the furniture in the dining rooms of both Belfast and Moynayana Houses. If you would like to donate please call reception on 5568 0100

## Welcome to our newest members to the Board of Directors

On 1st July MHS welcomed new Directors Jodie Cranham and Paul Murphy who commenced their 3 year term. They have been appointed to replace outgoing Directors Ms Karen Foster, Mr David Knight and Ms Jennie Stinson. A third appointment is expected in the coming months.



Chair of the Board of Directors, Brian Densem at one of our Community Listening Posts

## Listening Post Dates Located outside of the IGA

August 10th - 2pm Port Fairy  
August 19th - 10am Koroit  
September 7th - 10am Port Fairy  
September 13th - 11am Koroit  
October 5th - 3pm Port Fairy  
October 11th - 11.30am Koroit

## Would you like to join our group of volunteers?

If you are interested in volunteering at Moyne Health Services please contact our Volunteer Co-ordinator Lisa De Kok on telephone 5568 0029



## Connect with MHS



[www.moynehealth.vic.gov.au](http://www.moynehealth.vic.gov.au)



[www.facebook.com/moynehealthservices](https://www.facebook.com/moynehealthservices)



5568 0100

## What are the services we provide?

Our Port Fairy and Koroit campuses provide the following services:

- Community Health Services
- Speech Pathology
- Physiotherapy
- Podiatry
- Occupational Therapy
- Dietitian
- Diabetes Education
- Social and Group Activity Programs

- Community Health Nurse & Health Promotion
- District Nursing
- Home Care Packages
- Short Term Restorative Care
- Meals on Wheels

For more information or to make an appointment please call 5568 0100.



## Home Care Packages

↑ **MHS provides a range of support to help you stay at home as long as possible giving you more choice about the care you want to receive.**

Our emphasis is on maintaining your health and independence, ensuring you have choice and control over your own life. The level and type of care we provide can be adjusted as your needs change.

Our Home Care Packages options include (but are not limited to):

- Personal care - help with showering, bathing, dressing etc
- Home tasks and support - help with housework, washing, ironing, preparing meals and gardening
- Nursing care - District Nursing
- Allied health and support services - podiatry, physiotherapy, occupational therapy etc.
- Transport - to appointments, social activities and shopping
- Social Activities



MHS provides Commonwealth funded programs which include:

### Short Term Restorative Care:

- Helping you get back on your feet after injury or illness
- Improving your health to keep you independent.

### Commonwealth Home Support Program:

Providing support for older people who need some help to live independently. Including:

- Personal Care
- Medication monitoring

**Home Care Packages** are about helping you to stay living in your own home for as long as possible.

### MHS also provides privately-funded care options.

Our staff can meet with you to discuss the care you are seeking.

For further information contact a member of the MHS team on (03) 5568 0198 or email [hcp@moynehealth.vic.gov.au](mailto:hcp@moynehealth.vic.gov.au)

Call MyAgedCare on 1800 200 422 or visit [www.myagedcare.gov.au](http://www.myagedcare.gov.au) for information about eligibility and associated costs.