

Community Connect

June Issue 2023



MESSAGE FROM THE CEO

Welcome to the June 2023 issue of MHS Community Connect.

The last three months has been very busy at MHS with various activities and events for our residents to participate in.

In the lead up to Easter, students from St Patrick's Primary School Port Fairy and the Port Fairy Consolidated School provided art work for an art show and visited to have afternoon tea with the residents.

We commemorated ANZAC Day with a moving ceremony in Belfast House which was also attended by local service personnel, serving and retired.

At the end of April, we recognised our very generous community including Murray to Moyne, Port Fairy Community Bank and Belfast/Port Fairy Lions who all contributed to the upgrade of the dining room furniture in both Belfast and Moyneyana Houses. Our residents are very pleased with their new furniture.

May races carnival brought the opportunity for residents to join in the fun by competing in their own races. They donned their best hats and fascinators and became very competitive - especially with fashions on the field.

Before we knew it - it was time to celebrate the coronation of King Charles III.

Representatives from the Port Fairy CWA visited our female residents to present each of them a posy of flowers to recognise Mother's Day and they all enjoyed each other's company over an afternoon tea.

We spent a week acknowledging and celebrating the wonderful volunteers who donate their time to enriching the lives of our residents.

Volunteers are an integral part of enabling us to deliver the best service - every person - every time and we thank every single volunteer for their dedication.

On International Nurses Day - we reflected on the wonderful nurses and care givers we have at MHS. It is a joy to see each and every day, the staff caring for our residents and patients in the kind and caring manner that we value at MHS.

Some of our residents took an excursion out to Budj Bim for a luncheon and then attended an information session to learn about cultural awareness - it was a very enjoyable and interesting event.

Finally, with the winter weather upon us, I would like to take the opportunity to remind everyone to take care of each other. Look out for those in our communities who may be vulnerable in the cold months. Be vigilant - Covid and the Flu is active, and if you haven't already - please consider getting your vaccination up to date.



Katharina Redford
Chief Executive Officer



 **Community Drop in Session - Tuesday**
20th June 2023
10.30am - 11.30am

We are holding a Community Drop in session at our Port Fairy Community Health Campus. If you would like to know about our services and how we can assist you please drop in and see one of our friendly staff.

If you are unable to make it on 20th June - you can call reception on 5568 0100 for an information you require.



NATIONAL SORRY DAY

Every year on 26 May, National Sorry Day remembers and acknowledges the mistreatment of Aboriginal and Torres Strait Islander people who were forcibly removed from their families and communities, which we now know as 'The Stolen Generations'. It reminds us to reflect on how we call all play a part in the healing process.

