

Community Connect

September Issue 2024



MESSAGE FROM THE CEO

Welcome to the September 2024 issue of MHS Community Connect.

The year is certainly flying by and Spring is definitely in the air. We are beginning to prepare for our Annual General Meeting which is being held on 28th November at 2pm. This year we will be revealing the 150th Anniversary time capsule which we are sure will provide some great memories. We will also install a 175th Anniversary time capsule. It is an opportunity for the community to come together to celebrate the health service's successes. As we celebrate the past, it is important to look to the future. The Department of Health recently published their Health Services Plan which was developed over 10 months.

If you would like more information about the Health Services Plan visit: www.health.vic.gov.au/research-and-reports/health-services-plan.

The Board of Directors has seen changes to its membership. We farewelled Alistair McCosh, Brian Densem, and Gabrielle Toscan and welcomed new Directors, Jane Dow, Sarah Gray and Mark Koch. Brian Densem has however, been recently appointed as the Independent Chair of the Audit & Risk Committee. We look forward to the contributions the new Directors will bring and thank exiting Directors for their commitment to ensuring MHS continues to provide the Best Care, Every Person, Every Time.

Katharina Redford
Chief Executive Officer



SPOTLIGHT ON HOME CARE PACKAGES

SHORT TERM

IF YOU HAVE BEEN INJURED OR IMPACTED BY ILLNESS

LONG TERM

STAY LIVING IN YOUR HOME FOR AS LONG AS POSSIBLE

At MHS we have short term and long term Home Care Package programs available depending on your needs.

Commonwealth-funded Short Term Restorative Care can be accessed through our Home Care Packages team if you have been injured or impacted by illness.

Our long term Home Care Packages will help you stay living in your home for as long as possible. Getting some extra help at home could be life-changing and keep you living well in your own home.

We have a very helpful team of staff here at MHS who can start you on the journey to access this support right from the very beginning.

If you are thinking about in home care the best way forward is to link up with a service before you take any steps. This way you will be registered with My Aged Care correctly, know what services are available to you and costs involved.

Our **Home Care Packages** direct phone number is **(03) 5568 0198**

Connect with MHS:

 **03 5568 0100**

 moynehealthservices.com.au

 facebook.com/moynehealthservices



SERVICES INCLUDE
(BUT ARE NOT LIMITED TO):

- Personal care
- Home tasks and support
- Nursing care
- Allied health
- Transportation
- Social activities



We can assist with any Home Care Packages enquiry. Call our direct phone number during office hours on **(03) 5568 0198** and you will speak to a real person.

THANK YOU YAMBUK AUXILIARY

MHS send a huge thank you to the Yambuk Auxiliary who donated **\$22,500** for the purchase of five beds in Moyneyana House and Belfast House. We are so lucky to have such a generous community who donate to make our residents homes as comfortable and welcoming as possible. Clive and Jenny Watts (pictured below) are long time members of the Yambuk Auxiliary.



VOLUNTEER WITH US!!

Volunteering enriches lives and has great social and health benefits for everyone involved. Volunteering with MHS could look like:

- One-on-one support such as reading, going for a walk, chatting, reminiscing
- Providing palliative support
- Running an activity
- Music/singing
- Transportation
- Delivering meals

You might have something specific to offer or want to volunteer, but unsure about exactly what you could do. We are here to help and chat with you about all the possibilities.

Contact MHS' Community Engagement Officer Sarah Sheehan on **(03) 5568 0105** or email volunteering@moynehealth.vic.gov.au.

Make an impact on the MHS Community Advisory Committee

Join the Committee as a community representative. Make positive changes, improve the lives of others and have your suggestions valued. Express your interest by contacting MHS' Community Engagement Officer Sarah Sheehan on **(03) 5568 0105** or email volunteering@moynehealth.vic.gov.au.